



Presented by:

Nikki Harris – Membership & Volunteer Support Officer

Candice Parker – Member and Volunteer

Who we are

The Berkshire MS Therapy Centre is a charity based in Reading that offers in-person and online support for local people with Multiple Sclerosis and their families, throughout Berkshire and surrounding areas



Who we support

We have 400 members with MS who we regularly support, along with their families and carers.

Last year we provided 14,282 treatments to people with MS



Therapies offered

- Physiotherapy
- Oxygen Therapy
- Online exercise at home
- Counselling
- Yoga
- Relaxation and meditation
- Footcare
- Complimentary therapies –
Massage, Acupuncture, Reiki
and Spinal Reflexology
- Social activities



Who

We have
members
regularly
family
to now
you.

How people can help us

- Become a member
- Spreading awareness
- Sharing their stories
- Volunteering
- Fundraising
- Non-monetary donations



Candice Parker
Member and Volunteer



Please come and see us
to chat about the Centre
and to book a tour

