

MS Nursing Team in West Berkshire



SARAH WYATT
DIANE FRAMPTON
ALISON CINI

Role of the MS nurse



- What a Specialist Nurse does:
- Provides specialist clinical advice, information and support to people with multiple sclerosis (MS).
- Acts as the main point of contact for someone with MS.
- Refers people with MS to other appropriate services, such as a doctor, neurologist or therapist.
- Provides support through the process of choosing and taking disease modifying drugs, if these are helpful.

Role of MS nurse



- We all hold our own clinics covering different areas:
- Sarah Wyatt: covers the Newbury and Reading area and holds clinics at the West Berkshire hospital in Thatcham and Reading MS Therapy Centre .
- Diane Frampton: covers central Reading so her clinics are based at the Royal Berkshire Hospital and Henley .
- Alison Cini : covers the other side of Reading holding clinics in Wokingham ,Bracknell and Henley .

Relapse management



- A large part of our role is to talk through symptoms when a patient might be experiencing a relapse . This is normally done over the phone.
- A relapse is defined as a sudden episode of symptoms or disability, in the absence of fever or infection , which lasts at least 24hours , and is a neurological disturbance typical of MS . A relapse must occur at least 30 days since the start of previous episode. MS Trust.

Disease modifying Therapies



- One of our main roles is to educate patients about their diagnosis and discuss treatment options by giving verbal and written information.
- Once the patient has decided we will then organise the prescriptions and liaise with the homecare delivery service .
- We also are responsible for monitoring the blood tests while the patient is on them.
- Every Thursday we have a MDT (multi disciplinary meeting) with the Neurologists .

Role of Ms Nurse



- To get hold of us you now call our Neurology AdminTeam on 0118 322 5474 and they will direct your call accordingly .
- It is important to highlight we are not an emergency service so if you have an urgent issue please ring your GP or your out of hours doctor.

How to make contact



Phone : 0118 322 5474

- Alison.Cini@Nhs.Net
- Diane.Frampton@Nhs.Net
- Sarah.Wyatt4@Nhs.Net

Questions



- Any questions ?